

Sunrise and Sunset Times

July 2026 – June 2027

			Tauranga		Timaru		Waitangi (Chatham Island)		Wellington		Westport		Whangārei	
			Rise	Set	Rise	Set	Rise	Set	Rise	Set	Rise	Set	Rise	Set
Astronomical	Jul	1	7:31	17:07	8:12	17:06	8:07	17:03	7:48	17:02	8:02	17:13	7:33	17:19
		11	7:29	17:12	8:09	17:12	8:04	17:10	7:45	17:08	7:59	17:19	7:32	17:25
		21	7:24	17:19	8:02	17:21	7:57	17:19	7:39	17:16	7:53	17:27	7:27	17:31
		31	7:17	17:27	7:52	17:31	7:47	17:29	7:30	17:25	7:44	17:36	7:20	17:38
	Aug	10	7:06	17:36	7:39	17:42	7:35	17:39	7:19	17:34	7:32	17:46	7:10	17:46
		20	6:54	17:44	7:24	17:54	7:20	17:50	7:05	17:44	7:18	17:56	6:59	17:54
		30	6:40	17:52	7:07	18:05	7:03	18:02	6:50	17:54	7:03	18:06	6:46	18:01
	Sep	9	6:26	18:01	6:49	18:16	6:45	18:13	6:33	18:04	6:46	18:17	6:32	18:09
		19	6:10	18:09	6:31	18:28	6:27	18:24	6:16	18:14	6:29	18:27	6:17	18:16
		29	5:55	18:17	6:12	18:40	6:09	18:36	5:59	18:24	6:12	18:37	6:03	18:24
	Oct	9	5:40	18:26	5:54	18:52	5:51	18:48	5:42	18:35	5:55	18:48	5:48	18:32
		19	5:25	18:36	5:36	19:05	5:33	19:00	5:27	18:46	5:39	18:59	5:35	18:41
		29	5:13	18:46	5:20	19:18	5:18	19:13	5:12	18:58	5:24	19:11	5:23	18:50
	Nov	8	5:02	18:57	5:07	19:32	5:04	19:27	5:00	19:10	5:11	19:24	5:13	19:00
		18	4:54	19:08	4:56	19:45	4:53	19:40	4:50	19:22	5:02	19:36	5:05	19:10
		28	4:49	19:18	4:48	19:58	4:46	19:53	4:44	19:34	4:55	19:48	5:01	19:20
	Dec	8	4:47	19:27	4:45	20:09	4:42	20:04	4:41	19:44	4:52	19:58	4:59	19:29
		18	4:49	19:35	4:45	20:17	4:43	20:12	4:43	19:52	4:54	20:06	5:02	19:36
		28	4:54	19:39	4:51	20:22	4:49	20:16	4:48	19:56	4:59	20:11	5:07	19:41
	Jan	7	5:02	19:40	5:00	20:22	4:58	20:16	4:56	19:57	5:08	20:11	5:14	19:42
		17	5:12	19:38	5:12	20:17	5:09	20:12	5:07	19:54	5:19	20:08	5:24	19:41
		27	5:23	19:32	5:25	20:09	5:23	20:04	5:20	19:47	5:31	20:01	5:34	19:35
	Feb	6	5:34	19:24	5:39	19:58	5:37	19:53	5:32	19:37	5:44	19:50	5:45	19:28
		16	5:45	19:13	5:54	19:44	5:51	19:39	5:45	19:24	5:57	19:38	5:55	19:17
		26	5:56	19:00	6:08	19:27	6:04	19:23	5:57	19:09	6:10	19:23	6:05	19:05
	Mar	8	6:06	18:46	6:21	19:10	6:18	19:06	6:09	18:54	6:22	19:07	6:15	18:52
		18	6:16	18:31	6:34	18:52	6:30	18:48	6:20	18:37	6:33	18:50	6:23	18:38
		28	6:25	18:16	6:46	18:33	6:42	18:30	6:31	18:20	6:44	18:33	6:32	18:23
	Apr	7	6:34	18:01	6:59	18:15	6:55	18:12	6:42	18:04	6:55	18:16	6:40	18:09
		17	6:43	17:47	7:11	17:58	7:06	17:55	6:53	17:48	7:06	18:00	6:48	17:56
		27	6:52	17:34	7:23	17:42	7:18	17:39	7:03	17:34	7:17	17:45	6:56	17:44
	May	7	7:01	17:23	7:35	17:28	7:30	17:25	7:14	17:21	7:27	17:33	7:05	17:33
		17	7:09	17:14	7:46	17:17	7:41	17:14	7:24	17:11	7:37	17:22	7:13	17:25
		27	7:17	17:07	7:56	17:08	7:51	17:06	7:33	17:03	7:47	17:14	7:20	17:19
	Jun	6	7:24	17:04	8:04	17:03	7:59	17:01	7:40	16:59	7:54	17:10	7:26	17:16
		16	7:29	17:03	8:10	17:01	8:05	16:59	7:45	16:58	7:59	17:09	7:31	17:15
		26	7:31	17:05	8:12	17:03	8:07	17:01	7:48	17:00	8:02	17:11	7:33	17:18

Times listed are in New Zealand Standard Time (NZST)
EXCEPT for the Chatham Islands which are 45 minutes ahead of NZST.
Add 1 hour when New Zealand Daylight Time (NZDT) is in force.